

## Using **One** Pharmacy: Why It's Important

Your pharmacy is a very important part of your health care team. Not only is it their job to dispense your medication, but also



to tell you about the best way and time to take it. Your pharmacy can also tell you about drug dosage, how some drugs work together, and possible side effects.

Using only **one** pharmacy is part of taking medications the right way. This helps reduce the chances of bad drug interactions or duplication. Your pharmacy can check your file and tell you about potential problems with other medications you are taking. This is only possible if you fill your prescriptions at **one** pharmacy.

Many over-the-counter (OTC)



medications  
can have  
potential  
interactions  
with

prescription drugs.

Be sure to let your provider and pharmacy know which OTC (including herbal) products you are taking. Ask your pharmacy for help when choosing an OTC product.

Remember that paying your pharmacy cost share each time is an important part of building and keeping good relationships with your pharmacy.

Get to know your pharmacy staff — they are there to help!



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